






# Ask Cora

**Your WhatsApp  
Assistant for Carers**

 **WhatsApp**

-  Cora is a free digital assistant on WhatsApp that helps unpaid carers in Norfolk find the right information and support, anytime.
-  Whether you need local advice, services, or trusted information – Cora is here 24/7.
-  Simply save **07457 404034** in your phone and message on WhatsApp.

Cora is here to make it quicker and easier to find the help and information you need – but it's just one part of the support we offer.

[www.norfolk.gov.uk/askcora](http://www.norfolk.gov.uk/askcora)








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